



Mission Honduras - July 16-26, 2014

We're glad that you are interested in joining our Honduras Mission Team. Attached are the details about our trip, immunizations, and fundraisers. As you prepare for your trip here are 12 things you need to do to go:

1. PRAY about going to Honduras
2. TALK to your parents about the trip.
3. COMMIT - Pay a \$100 deposit by Sunday, December 1 to secure your spot. Spots are limited and it will be first come, first serve based on when people commit financially.
4. GET INVOLVED in all fundraisers
5. APPLY for a U.S. Passport - for all details go to www.travel.state.gov/passport
This process can be long - so start now. The basic cost for a U.S. Passport is \$135
5. PREPARE - We will be providing numerous meetings and opportunities to prepare you for your trip. These are not optional. These are an important part of the process. We will begin meeting regularly after the New Year.
6. PARTICIPATE - All team members are expected to be involved in worship and Bible study.
7. PRAY - Pray without ceasing for the trip, the people of Honduras and for all the the Lord will do in your life through this trip.
8. IMMUNIZE - Get all necessary immunizations for the trip to help protect your health. Attached is a list of all immunizations. Derinda Connor is available to answer all questions about immunizations.
9. SHARE - Tell everyone you know about your trip and ask them to partner with you in prayer as you prepare and as you go.
10. PAY - Though we will help you raise funding for your trip, chances are you will have a portion to pay out-of-pocket. Plan for that and save monthly to make the trip possible. The final balance is due Sunday, May 4.
11. PACK - We will send home a sheet as we get closer to the trip that includes all items you need to pack. We pack light because most of what we carry are medical and ministry supplies.
12. GO - We leave on Wednesday, July 16. It will be here before you know it. SO PREPARE!

Mission Honduras - July 16-26, 2014

Cost For Trip: Approximately \$1800 each not including the cost of a passport and the required immunizations that is paid for separately and spending money. Most people take between \$100-200 for spending money for snacks, souvenirs and extra activities on the last day.

Approximate Itinerary:

Tuesday, July 15 - Team meets at the Mears' House at 6 PM to weigh and load the trunks and luggage into the trailer and have a short meeting. Go home and sleep.

Wednesday, July 16 - Team leave the church on the church buses at 3 AM after a short devotional and prayer and go to the Columbia airport and fly to Honduras. We will drive another 3 ½ hours after eating lunch and check into our hotel very tired. Our hotel is the Quinta Real Hotel in La Ceiba, Honduras.

Thursday, July 17 - We will have our team devotional time, an orientation and set up after breakfast. Some of the group will go with the team leader to go buy groceries for the group, some of the group will go find our banana boat boxes and get them out of storage and some will go buy other supplies needed for our activities. Some free time in the afternoon to go to the mall or the souvenir shop and then dinner.

Friday, July 18 - We set up for all day Children's Ministry and a Medical clinic. Women's Bible study tonight.

Saturday, July 19 - We set up for all day Children's Ministry and a Medical Clinic. Youth services at Cruzadas tonight.

Sunday, July 20 - Team will leave early to go to Toccoa to buy fruit and then on to Limon Clinic where we will stay in the clinic living quarters until July 24. Unpack and set up the clinic and get ready for the next day. Church services tonight led by our group.

Monday, July 21 - All day medical clinic and children's ministry. Women's Bible study/Pastor's Conference?

Tuesday, July 22 - All day Medical clinic and children's ministry. Women's Bible study.

Wednesday, July 23 - All day Medical clinic and children's ministry. Women's Bible study

Thursday, July 24 - Team will leave Limon Clinic and travel back to La Ceiba where we will board a plane to Roatan and check into the Bananarama Resort and stay for 2 nights of rest and reflection. There is a beach there for swimming, snorkeling, kayaking, paddle boarding and sunning. All meals are included but drinks are separate. Through the team leader, there may be options for side trips such as zip lining, playing with the monkeys, shopping, catamaran cruise, etc but those are an additional price. No team member is allowed off the resort property without the team leader's knowledge, approval and adults supervision. Security is available at all times. Each evening, there will be a team meeting and devotional time and the last evening there will be a special sharing time.

Saturday, July 26 - Fly home from Roatan and arrive that night to the Columbia airport and the church buses meet us and bring us back to the church.

Meetings & Fundraisers:

There will be required meetings for youth and adults to get everyone ready for the trip. International mission trips have to be carefully planned so that everyone understands the plan and how to stay safe. This is a Christian Mission Team and we need to make sure that we show them Christian behavior on the trip also.

Fundraisers have already started for July 2014 so if you are interested, now is the time to jump in and get started. Here are some opportunities for you to make money for your trip. Remember, you do not make money from the fundraiser unless you come and help.

Saturday, November 9 7 AM-12 noon Rummage Sale at the Palmetto Peddler on Hoffmeyer Road(across from the Salvation Army) Need helpers to help sell and carry out what is bought and then at 12 noon we need lots of help to pack up what is left over and take the tables back to the church. Come help us!

We start the Preorder BBQ/Bake Sale Wednesday, November 6 and it runs through November 20

We are selling BBQ by the pound and Cakes and pies.

Try to sell as much BBQ and Baked goods for USC/Clemson tailgating and for Thanksgiving get-togethers because this is a great fundraiser. Let Diana Wike or Derinda Connor know if you sell a cake or a pie because we only have a limited number and when they are gone, they are gone.

In January and in March, we will have a Roger's BBQ Plate Sale at Roger's BBQ but we don't know the dates yet.

Spring Rummage Sale - May 1, 2 and 3-Need lots of donated items and lots of helpers. We will start setting it up and working on the sorting and pricing on April 12.

In addition to "Honduras Team Fundraisers" students who participate in "Youth Ministry Fundraisers" are allowed to put that money toward their trip as well. Examples of youth fundraisers include:

- Honduras Letter Writing Fundraiser (See Nathan for materials for this)
- Working Concessions at the EBC Basketball Games
- Sweetheart Banquet
- Potential Spring Break Sports Camp for Kids (let Nathan know if you would be interested in working this 4day camp Mon-Thur of Spring Break)
- Other youth fundraisers to be announced.

\$1800 is a big commitment, but very possible if you begin now and make the effort. God will provide for your needs and make a way, but you must work hard. Just as an example the volunteers who worked the Fall Rummage sale earned a little over \$300 each. If the church budget for 2014 is approved as recommended the youth ministry will be able to provide a few hundred dollars to all students on the team.

Trip Financial Deadlines:

December 1 - \$100 Deposit

* We recommend you pay as you go, but there are no other specific financial deadlines until May 4.

Final balance due May 4, 2014

** All trip payments should be paid in the form of a check to Ebenezer Baptist Church and turned into Nathan or Derinda in a sealed envelope with your name, trip name and amount enclosed written on the outside.



Immunizations for Honduras



The Florence County Health Department no longer does travel immunizations. You have several options for immunizations. Some doctors' offices have some of the shots but most doctors do not carry all of the shots that are needed. Your insurance will cover the cost of some of the shots. You probably want to check with your doctor and with your insurance so you can see which ones you can get from them and get them paid through the insurance. For the ones that your doctor does not have, you can call Dr. Shea's Office at 674-6403 and schedule an appointment there or you can make an appointment with the Richland County Health Department by calling 803-576-2980. I know that sounds funny but for some reason they still do travel immunizations or at least they did the last time I checked. If you have military medical care benefits, you should contact the base where you receive your care for an appointment for immunizations. If you are a hospital employee, you can contact Occupational Health or Employee Health to receive some of the immunizations for free also. Then go get what you cannot receive from work for free from Dr. Shea. I can order immunizations for the team and administer them, if I get enough people that need shots and they will be cheaper, but I have to have the cooperation of the team that they will come on the scheduled day for the shots because we cannot have multiple days for administration. It is just too confusing.

***Remember that you need to provide the Team Leader with documentation of all of your immunizations (Both the previously received and the new immunizations) Derinda can review your immunizations and tell you what you need if you bring her copies of what you have had. Call Derinda Connor at 992-1179 if you have any questions.**

Hepatitis A is needed - It takes 4 weeks to develop immunity so you need to be sure you get it more than 4 weeks before the trip. If you have had one dose already, they recommend a second dose and then it will be good for 20 years.

Typhoid is needed - Two preparations are available.

Oral-is good for 5 years

Injection is good for 2 years

Tetanus - must have had a Tetanus shot within the last 10 years. If you are doing construction or children's ministry, you may want one repeated if you have not had one in the last 5 years. Everything is pretty dirty over there.

Hepatitis B - is needed by all medical or healthcare workers. This is a series of three shots so it must be started 4-6 months before the date of the trip. Most school age children and college age young adults have had this so a lot of adults are also getting this now.

Measles - If you were born in 1957 or later and you have not had the measles or two MMR shots, you may want to get a MMR

We will provide everyone with Cipro for prevention of Gastrointestinal problems. Some people take Pepto Bismol instead of this. It is up to you. Some people only take the Cipro if they start getting sick. The best way to prevent this is to wash your hands frequently, drink only bottled water and drinks and eat only the food that the team leaders tell you is safe to eat.

We will also provide you with Chloroquin for Malaria prevention which you will start one week before you go and continue 4 weeks after you come back.